
DO YOU LOVE YOUR STUFF?

ON A SCALE OF 0-10

Zero (Flat out ick)

Two (Meh)

Seven - Ten
(Pretty damn cool)

Do you love ...

YOUR WORK

Labor, employment + business/
career building methods

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

PUBLIC PROFILE

Visibility project, telling your
story + sharing your work

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

BRAIN CANDY

Learning new things + the
mastery of craft

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

RITUALS

Grace, gratitude + god

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

COMMUNITY BUILDING

Lovers, playmates, collaborators,
family + friends

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

WOW PROJECTS

Rad goals + noteworthy side
gigs

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

EXTREME SELF CARE

Fitness + nutrition

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

TRIP FANTASTIC

Adventures + field trips

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

THE MONEY STORY

Cash and other such tender

SCORE:

Here's what I plan to do about it:

- a.
- b.
- c.

ANYTHING ELSE? LAY IT DOWN HERE!

Janice Hoffmann

Hello! I'm certified in Positive Psychology and as a Master Life Coach. I help artists, actors, seekers and makers; start and finish ah-mazing projects and world premiere them face-to-face.

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